

AIRPORT CALLERTON PARKWAY BANK FOOT KINGSTON PARK FAWDON WANSBECK ROAD REGENT CENTRE SOUTH GOSFORTH WEST MONKSEATON MONKSEATON CHILLINGHAM ROAD BYKER MANORS WEST JESMOND JESMOND HAYMARKET MONUMENT

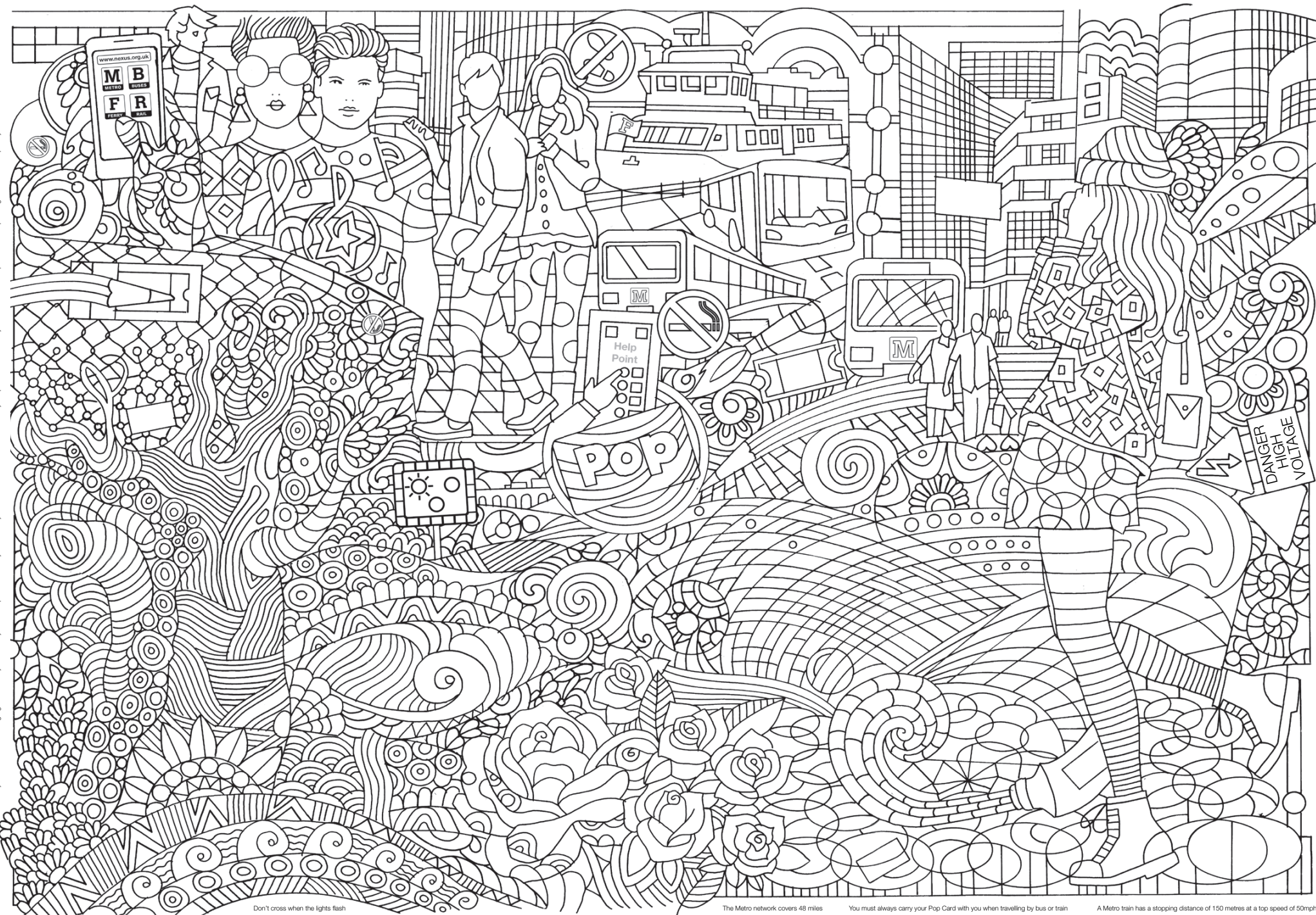
Each Metro train carriage weighs 40 tonnes Do not trespass on the railway £1000 fine Don't leave your bag in the aisle If you need any kind of help or assistance you can always use THE HELP POINT Always tell someone where you are going when you travel No smoking on public transport It is an offence to put your feet on the seats You can pick up a bus or train timetable at any Metro station or interchange

ST. JAMES CENTRAL STATION GATESHEAD GATESHEAD STADIUM FELLING HADRIAN ROAD WALLSEND WALKER GATE SOUTH HYTON ILFORD ROAD LONGBENTON BEDE

ST. PETER'S SUNDERLAND PARK LANE UNIVERSITY MILLFIELD PALLION WHITLEY BAY CULLERCOATS TYNEMOUTH NORTH SHIELDS MEADOW WELL PERCY MAIN HOWDON

Be respectful to other passengers Always step off the train carefully If you need any kind of help or assistance you can always use THE HELP POINT Always take notice of warning signs If you need any kind of help or assistance you can always use THE HELP POINT

Keep away from the doors when the train sets off Be respectful to other passengers



1500 volts of electricity run through the overhead cables £1000 fine for 14/14 to leave open carriage doors There are 60 Metro stations Always leave yourself enough time for your journey 300 people can fit on a Metro train Always take care of your personal belongings when travelling

FOUR LANE ENDS BENTON PALMERSVILLE NORTHUMBERLAND PARK SHIREMOOR HEBBURN JARROW SIMONDSIDE TYNE DOCK CHICHESTER SOUTH SHIELDS HEWORTH PELAW FELLGATE BROCKLEY WHINS EAST BOLDON SEABURN STADIUM OF LIGHT